



Guam Head Start Menu

NOV

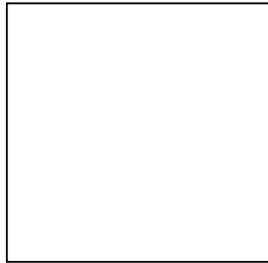
MONDAY

TUESDAY

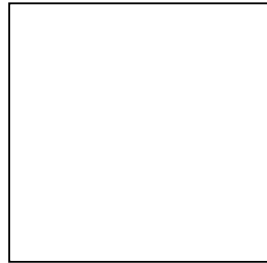
WEDNESDAY

THURSDAY

FRIDAY



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1

NO SCHOOL

Holiday

All Souls Day

AM Headstart is fed Breakfast and Lunch Daily (All Meals come with Milk)

4

Breakfast
Stuffed Bagel

Lunch
Pasta w/ Meat Sauce

Snack
Baby Carrots

5

NO SCHOOL

Election Day

6

Breakfast
French Toast Sticks

Lunch
Salisbury Steak & Rice

Snack
Fresh Orange

7

Breakfast
Mini Pancakes

Lunch
Drumstick w/ Red Rice
Cucumber Salad

Snack
Fresh Apple

8

Breakfast
Fried Rice w/ Ham & Egg

Lunch
Cheesy Breadsticks
w/ Marinara Sauce

Snack
Graham Crackers

PM Headstart is fed Lunch and a Snack Daily (All meals come with Milk)

11

NO SCHOOL

Veterans Day

12

Breakfast
Breakfast on a Stick

Lunch
Nuggets w/ Rice

Snack
Cereal Bar

13

Breakfast
Breakfast Pizza

Lunch
Orange Chicken w/ Rice
Caesar Salad

Snack
Fresh Orange

14

Breakfast
Apple Frudel

Lunch
Eggless Loco Moco

Snack
Fresh Apple

15

Breakfast
Breakfast Chicken & Biscuit

Lunch
Pepperoni Pizza

Snack
Muffin

All Day (Duration Programs) Headstart is fed Breakfast, Lunch and a Snack Daily (All come with Milk)

18

Breakfast
Stuffed Bagel

Lunch
Cheese Burger

Snack
Scooby Snacks

19

Breakfast
English Muffin w/
Sausage and Cheese

Lunch
Chicken & Spanish Rice

Snack
Cereal Bar

20

Breakfast
Cheese Omelet w/ Rice

Lunch
BBQ Pork Sandwich

Snack
Graham Crackers

21

Breakfast
Mini Pancakes

Lunch
Bistek & Rice

Snack
Fresh Apple

22

Breakfast
Benefit Bar

Lunch
Breaded Chicken Sandwich
Potato Wedges

Snack
Fresh Orange

Breakfast, Lunch and Snack are served with 1% white milk

25

Breakfast
Muffin

Lunch
Swedish Meatballs w/ Rice

Snack
Scooby Snacks

26

Breakfast
Breakfast Pizza

Holiday Lunch
Turkey w/ Gravy & Mashed Potatoes
Dinner Roll & Cookie

Snack
Cereal Bar

27

Breakfast
Sausage and Rice

Lunch
Chicken Corn Dog

Snack
Orange



29

Breakfast
Bagel w/ Cream Cheese

Lunch
Cheese Pizza

Snack
Graham Crackers

vicruz 10.24.24
abgarrido

Breakfast includes a fruit serving and Lunch includes both vegetables and a fruit serving

This institution is an equal opportunity provider.